

PATIENT INFORMATION

Breast Screening with Digital Infrared Thermal Imaging (**Thermography**)

Purpose of test:

For early detection of abnormal changes in the breasts requiring further diagnostic testing.

Patient preparation:

Do not smoke for 2 hours before the test.

Do not use lotions or powder on your breasts or surrounding areas on the day of the test.

Avoid sun exposure on day of test.

Diet-No changes necessary

Medicines-no changes necessary.

Disrobing- You will be asked to remove all upper body clothing and jewelry. A gown will be provided. Inform your thermographer if you have had any recent skin lesions on your breasts, the inflammation can cause a false positive result.

How the test will feel:

The number of people involved in the procedure will be limited to protect your privacy. The room air may feel cool on your breasts as they adjust to room temperature before scanning. Examining room temperatures are comfortable when you disrobe for the examination. Any apprehension about the sophisticated thermography equipment is soon dispelled, the procedure is totally non-invasive, the camera does not emit radiation of any kind.

A female Clinical Thermographer will perform the test and it will take approximately 20 to 30 minutes.

A second thermography in three months is highly recommended, this will establish a baseline. Because of it's importance, Dr. Kris Peterson is offering half off the second thermography if both are paid for at the time of the first thermography.

Please feel free to call us if you have more questions.

Peterson Clinic Staff